

Are you teaching your child to use time wisely?

Time management is an important skill for school success. The school year is half over, so now is a good time to take a few minutes to think about whether you're helping your child use her time wisely.

Answer yes or no to each of the questions below:

1. Have you reviewed your child's homework and study schedule and made adjustments as necessary?
2. Do you use your family calendar to record dates for tests, projects and extracurricular activities?
3. Do you try to keep a balance between your child's activities and the rest of your lives? If your child is up past his bedtime every night finishing homework, it's time to cut back.
4. Do you help your child break down big assignments into smaller chunks?
5. Do you make sure that your child has some time each day for fun or relaxation?

How well are you doing?

Each yes means you are helping your child learn to use time wisely. For no answers, try those ideas in the quiz.

Reprinted with permission from the January 2018 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2018 The Parent Institute®, a division of PaperClip Media, Inc.