

BISON TALES



Calendar of Events

October 2	Newsletter emailed
October 5-9	Read In Week – “Books that Ignite” Ardrossan Senior Guest Readers Ardrossan Bisons - Read In
October 5	Family Read-In - 11:55 a.m.
October 6	Habit 1 Assembly- Grade 6 - 9:30 a.m.
October 7	Staff Meeting - Early Dismissal - 2:10 p.m. Bus Evacuation Drill 8:30 a.m.
October 8	Author Visit – Marty Chan Hand washing Presentation p.m.
October 9	EIPS PD – No School Register Online for Student-Parent-Teacher Interviews
October 12	Thanksgiving – No School
October 13	CPF Meeting - 9:30-10:30 a.m. School Council - 10:30 -11:30 a.m.
October 14	Shelter in Place Drill (morning)
October 16	Student Picture Retakes - 12:20 p.m.
October 21-22	Student-Parent-Teacher Interviews 4:30-7:30 p.m.
October 30	School Fees Due Halloween Parade - 1:00 p.m.
November 1	Daylight Saving Time Ends
November 4	Staff Meeting Early Dismissal - 2:10 p.m.
November 5	Remembrance Day Ceremony - 10:45 a.m.
November 6	Newsletter Emailed
November 9-13	Fall Break – No School

October 2015 Message

It is October already and much has taken place at Ecole Elementaire Ardrossan Elementary School. Meet the Staff Night, 7 Habits Assembly, Terry Fox Run and the announcement that increased student enrolment (up to 700 students) is now planned within the replacement school design. This enhancement in school design recognizes the growth that is to occur within the community. What a wonderful start to the school year!

Thank you to all of the students and families for their generous participation in our annual Terry Fox Run. Over \$1 000.00 was collected for cancer research and students demonstrated outstanding compassion and perseverance during the run. Thanks again to all who made this great event happen.

A rainbow of colored t-shirts – each shade representing a grade filled the Klym Gym with hope and promise for the year during the first assembly. The enthusiasm of the students was infectious as the Grade 1 students taught us a new song about being a leader. A special welcome to all new students took place. Using important skills linked to the “world of work”, the students are fulfilling leadership positions in their classrooms and throughout the school such as “movers and shakers”, news crew, “service core-spirit team”, Green Team, tutor core, Junior ATB and gardening club. Opportunity is what makes our students great leaders ☺

A special invitation is extended to all serving or former members of the Canadian Armed Forces for our Remembrance Day Assembly Nov. 5th at 10:45 a.m. Parents are also invited to acknowledge the personal sacrifice of our military by joining us for the assembly.



On behalf of our staff we wish you and your family a restful Thanksgiving and an awesome October as we continue our learning journey together. **Great happens here!**

Staffing Update

Welcome to Mrs. Malak who is assuming the teaching duties of Mrs. Jordan and Mrs. Engels in PALS.

Banerjee	Maria	Mme	ECS FI
Belcourt	Erin	Mrs.	6
Boswell	Shelley	Mlle	5 FI
Bowen	Sasha	Mrs.	1
Campbell	Karson	Mr.	4
Castle	Tom	M.	6 FI
Coates	Rebecca	Mrs.	5
Frederickson	Chris	Mr.	3
Grauman	Shelly	Mrs.	5
Halbert	Brant	Mr.	4
Harding	Kyla	Mrs.	Music
Hewitt	Helene	Mme	Assist-Prin
Hill	Summer	Mrs.	2
Kammerer	Tara	Miss	2
King	Lesley	Mrs.	3
Klippenstein	Claudia	Mrs.	3
Krys	Richelle	Mme	4 FI
Kulmatycki	Lea	Mme	3 FI
Malak	Mirna	Mrs.	3
McBride	Trish	Mrs.	6
Mitchell	Kelley	Miss	Counsellor
Olsen	Danielle	Mme	1 FI
Proulx	Liane	Mme	2 FI
Reimer	Leigh	Mrs.	ECS
Robinson	Shannon	Ms.	PALS
Samaratunga	Keltie	Mrs.	1
Talaga	Cindy	Mrs.	PALS
Whetstone	Judy	Mrs.	PRIN



School Council

The next School Council Meeting will be held on **Tuesday, October 13, 10:30–11:30 a.m.** Additional parent feedback regarding the SEP (School Education Plan) will be solicited. Please share your thoughts!

School Council - Executive Members

Chair – JP Grebenc

Vice-Chair - Vacant

Secretary – Lisa Fortin

AEPSA Chair – Vacant (seeking volunteer)

AEPSA Treasurer – Vacant (seeking volunteer)

AEPSA Secretary – Vacant (seeking volunteer)

CPF Chair – Jen Mailer HUGE thank you to Kaya Kasook, Lisa Harris, Wendy Marty, Charlene Corday and Sara Logan who volunteered last year on the School Council and AEPSA Executive. You truly help us be great!!

Canadian Parents for French (CPF)

Please join us **Tuesday, October 13, 9:30–10:30 a.m.** The AGM Meeting will elect new executive members.

We love volunteers! Please consider joining the School Council, Canadian Parents for French (CPF), or Ardrossan Parent Support Association (AEPSA) – our fundraiser group!

Reminder!

All Girl Guides and Scouts are encouraged to wear uniforms on November 5th for the Remembrance Day Assembly.

SEP - What is it? Why is it important?

The School Education Plan is a school based three year framework which acts as a road map for continuous improvement at the school level. Staff, grades 4, 5 and 6 student representatives and School Council parents have contributed to help create a plan for the school to follow. We are encouraging parents who were unable to attend the September School Council meeting to provide additional input. Please see the link below to view the themes collected from each group and add your ideas: https://docs.google.com/forms/d/15r9NGv7Js4DgW2H1D5ji0xe2eyjAmDaACXb7KtC5EF8/viewform?usp=send_form
Your feedback is greatly appreciated 😊

Student/Parent/Teacher Interviews

Stay tuned for information on signing up for interviews that will be sent home next week. Check out the Library for a sneak peek at the new Communication Student Learning progress report that will be used in November.

Junior ATB is Open For Business

An exciting partnership with Ecole Ardrossan Elementary and ATB is happening now! Since 2009, the Junior ATB Program has taught financial knowledge and life skills to elementary students within the walls of their own schools. The Junior ATB branch introduces students to the basics of money management and financial literacy as students create their specific savings plans and goals. Please see the link below for more details about this terrific program:

<http://www.atb.com/learn/Pages/Financial-Literacy.aspx>

Account application forms were sent home last week, however, additional applications are available in the main office. See below for a listing of deposit days:

Division 1: Oct. 6, Oct. 20, Nov. 3, Nov. 17

Division 2: Oct. 8, Oct. 22, Nov. 5, Nov. 19

Board of Directors Meeting: Oct. 6 and Nov. 3



Internet Safety – What Happens When You Press Send?

Many thanks to the parents who were able to attend the Saffron internet safety presentation, “What happens when I press SEND?” Please see the attached document on Texting Apps to learn more about keeping children safe online. Check out the website for further information:

<http://saffroncentre.com/>

Reduce Your Child’s Screen Time By Tracking It & Setting Limits

Today’s kids spend seven and a half hours a day in front of a screen—a TV, a computer, a video game. They spend just 25 minutes a day reading. That means they may grow up to be great at playing games like Candy Crush, but not able to do the reading in their high school history class. All that time spent sitting in front of a screen also means that today’s kids aren’t getting the exercise they need. (Well, except for their thumbs.)

What can you do? The first step is to help your child become aware of how much time she actually spends sitting in front of a screen. Have her track the amount of time she spends watching TV, playing video games, texting

friends and fiddling with a tablet. She may be surprised how quickly those minutes add up.

If your child is spending less than two hours a day in front of a screen, she is on the right track. If she is spending more, it’s time to set limits. Studies show that when parents set any media rules, kids’ screen time drops by an average of more than three hours a day!

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School Bus Safety Week: Oct. 18-24



Schools throughout Elk Island Public Schools (EIPS) are celebrating

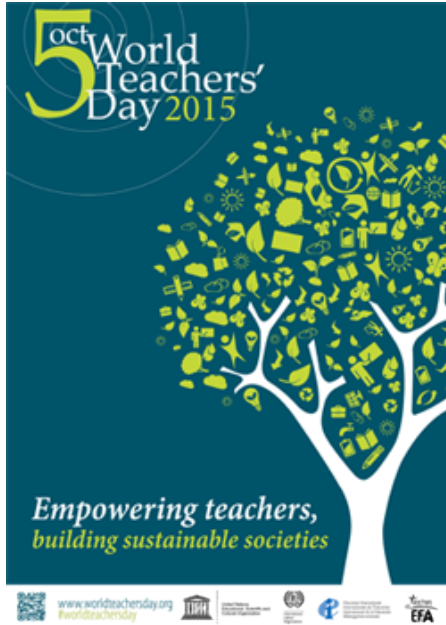
School Bus Safety Week October 18–24. The theme: “Transportation is cool, when you take the bus to school”. Throughout the week, various activities are planned including information sessions, bus safety learning plans and bus-evacuations drills.

As part of School Bus Safety Week, we would like to remind students and families that all EIPS school buses are equipped with both a bus pass scanner and GPS technology, which allows Student Transportation to better monitor and manage its more than 170 buses and 600 bus routes. Thanks to this technology, parents and students also have access to *MyStop*, an online tool to determine, in real-time, the location of a bus, arrival times, when a child scanned onto a bus, and if a bus is delayed—especially useful during the winter months.

More information about School Bus Safety Week and EIPS Student Transportation services can be found by visiting: www.eips.ca/student-tran.

Celebrating World Teachers' Day: October 5

October 5 is World Teachers' Day! Since its launch in 1994, by the United Nations Education, Scientific and Cultural Organization (UNESCO), World Teachers' Day is celebrated annually around the world as a way to recognize teachers and the integral role they play in providing quality education



to students. On October 5, Elk Island Public Schools (EIPS) encourages all of its students, parents, and community members to show their appreciation for teachers and the positive impact they make on our lives.

EIPS extends its heartfelt thank you to all its teachers for their dedication, hard work and commitment in guiding and educating students through their Kindergarten to Grade 12 years.

Grade 3 Student Learning Assessments Pilot

As many of you are aware, this fall Alberta Education is continuing the Grade 3 Student Learning Assessment (SLAs) pilot. The pilot is for Grade 3 students and is taking place until November 1. The assessments are focused on numeracy, literacy, and critical thinking; are digitally based; and designed in a way that allows students to show their learning in ways not possible with paper-based tests. The goal is to provide timely information to parents and teachers, help enhance classroom instruction, and ensure any student learning needs are identified.

Based on feedback from last year's Grade 3 SLAs pilot, Alberta Education has made some revisions to this year's pilot, which include:

- The Grade 3 SLA pilot administration period for the digitally interactive questions is from September 14 to October 9. The pilot administration for the performance task questions is from September 14 to November 1. The earlier assessment offer parents and

teachers the opportunity to know a student's results sooner and allow teachers the flexibility to administer the assessments over a three-week period;

- Alberta Education will provide student results for the digitally interactive questions to schools, teacher and parents by Nov. 16, 2015;
- The digital-numeracy component will focus more on basic math facts; performance tasks will be more streamlined; and accompanying materials, such as scoring rubrics, will be simplified; and
- Student results for performance tasks will be reported only at the local school-authority level, and not to Alberta Education as was required in the first year of the pilot.

For more information on the 2015–2016 Grade 3 SLA pilot, please visit: www.education.alberta.ca/sla.

Absences

Thank you for explaining your child's absence when you call to report that your child is away. This helps with tracking absences as we are required to report absences that may be in excess of 10% of the school population (i.e., flu symptoms).

Campbell's Labels

We are collecting *Campbell's Labels for Education™*.

Save the full label from eligible Campbell products and send them to the school. Products eligible include:

- Campbell's condensed soups
- Campbell's Easy Cooking Sauces
- Gardennay
- Healthy Request soups and microwavable bowls
- Prego Sauce
- Campbell's Ready to Use Broth
- Pepperidge Farm Goldfish Crackers
- V8 beverages and soups
- Pace Salsa



If you have any questions, or would like to help with our Labels for Education collection drive, please contact our parent program coordinators, Mrs. Terri-Ann Trohubiak and Mrs. Roxanne Dunham at ttrohubiak@yahoo.ca. Please visit www.labelsforeducation.ca for more information about the program.

Tidbits from the LunchBox...

Boom...September has come and gone!!! I think we all have settled nicely into the school day routine. The creative lunch ideas are still fresh in our minds, but who doesn't want a break from making lunches already???

Our first AES LunchBox menu closed on Oct. 1st ...But have no fear, our next menu will be ordering for Oct 12th -22nd. Don't miss out...mark your calendar



Never Registered Before? Here's how:

1. Go to www.aeslunchbox.com
2. Click the "REGISTER" menu at the bottom right hand corner to sign up. Our school access code is **AEHL**. Enter your name, email address and phone number, then a user id that you will use for access to the hot lunches application. Enter a password and then enter it again to verify that it is correct.
3. Once registered, you will be logged into the website
4. Important Note: You need to know your child's teacher assignment before you can continue. Please add your students by clicking on the "STUDENTS" button below or the "PROFILE" menu tab in order to proceed. Once your students have been added to the system you will be able to place lunch orders immediately by clicking the "Order" button below each child's name

IT'S THAT EASY!

The AES LunchBox has a few items for sale... fridge, cooler, chest freezer and upright freeze. All prices range from \$100-150. Please contact info@aeslunchbox.com if interested.

The Lunchbox thanks you in advance for your patience and consideration as we start a brand new school year! If you have any questions or concerns, please direct them to info@aeslunchbox.com.

Support issues will be addressed within 24 hours and should be directed to support@aeslunchbox.com.

Lost and Found Items

Thank you labelling your child's hats, mitts, shoes, boots, crayon boxes, coats, sweaters, etc. It is so much easier to make sure that lost items are returned to the owner when they are labeled.

Dressing for the Weather

Brrrr! Fall is upon us. Thank you for making sure that your child has the necessary winter gear to keep warm. Our students participate in outdoor recesses except in the most extreme cold weather. Hat, mitts and a warm coat are necessary during outdoor play. We generally have indoor recess when temperatures reach -21 degrees Celsius or lower.



2015 Read-In Week – "Books that Ignite!"

Read-In Week, October 5-10, promises to be another successful event with plenty of pizzazz – especially with the theme of *Books that Ignite!*

This year's theme was chosen to celebrate and highlight award-winning books. School staff and students of all ages are invited to explore literacy in its many facets—digital and otherwise—by taking up the challenge to read. School activities will be many and varied, including meeting with local authors, reading with elders, and reading with students from other countries around the world. Board Chair, Trina Boymook, signed a resolution that EIPS support Read-In Week, October 6-10, and encourages related activities within the schools.

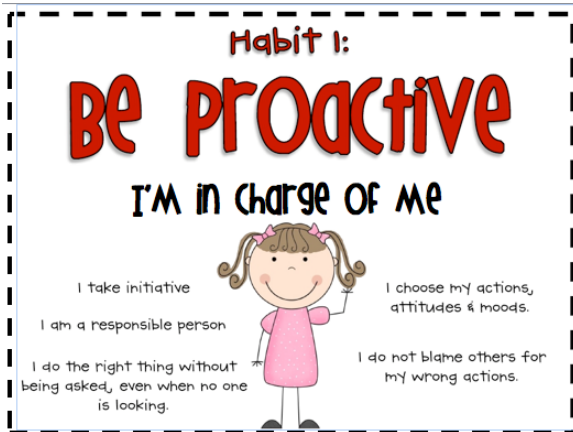
Library Tales

October is going to be a very busy month in the library with Read-In Week Oct. 5th – 9th, the Book Fair Oct. 21st and 22nd during student-parent-teacher interviews, and the Battle of the Books introduction for grades 4, 5 and 6 students. Congratulations to the September winner of the library treasure chest draw, Anneliese H., from Room 5G. Way to go 2K and KMR for getting Sir Booksalot in September. Super job 2K for two visits from Sir Booksalot in September. Yahoo!!!

Hope to see you at the **Family Read-In** to begin our wonderful week of our celebration of reading. Don't forget to come to the book fair! Please see the attachments for more details on Read In! Fall into an inspirational book!

Leader in Me Ledger

Our October Focus is Habit 1 “Be Proactive”.



This means to take responsibility for your choices and behaviors. Be Proactive says, “I am in charge of my own life. I am responsible for whether I am happy or sad. I can choose how I react to other people or situations. I am in the driver’s seat.”

Young children can easily learn to understand that different choices yield different results. The goal is to teach them to think about those results before they decide what to do. Discussions can focus on taking care of themselves, taking care of their things, reacting or not reacting to others’ behavior, planning ahead and thinking about what the right thing to do is. With your child, please think of ways to Be Proactive at home.

Please check the link below for the parent handbook for the Leader in Me:

<http://www.ardrossanelementary.ca/files/10/Leader%20In%20Me%20Parents%20Guide.pdf>

Please attend the first student led assembly Oct. 6 at 9:30 a.m. Grade 6 students will share their knowledge of being proactive.

Halloween Celebrations



The school celebrates Halloween with a school-wide parade on October 30th at 1:00 p.m. for classes that wish to participate.

Classroom teachers will engage in various Halloween activities during the afternoon.

With the age range of our students, we encourage students to wear “friendly costumes” so we don’t scare the little ones. We will continue to have outdoor recess over the course of the day so please ensure that students will be warm in their costumes!

Finally, as a nut aware school, please do not send treats to school that contain peanuts or nuts. This will help keep our students with allergies safe. Thank you ☺



Show Your Child How To Deal With Failure In Positive Ways

Sooner or later, your child will experience failure. The way you both deal with that failure can help shape his character.

Here are strategies to help you and your child handle failure:

- Always let your child know you love him unconditionally;
- Think about the positives. Mistakes are really opportunities for learning. What can your child learn from these experiences?;
- Praise what you can. “Your team lost, but you made a great catch in the third inning.”;
- Be realistic. If he’s doing his best and he still doesn’t bring up a grade, then don’t let him think you are disappointed;
- Be a role model. Handle your own mistakes and failures in positive ways;
- Don’t dwell on the failure more than your child does;
- Don’t argue with teachers or coaches to try to get them to change a decision or a grade. Your child must learn to respect their decisions: and
- Don’t solve every problem for your child. If he got a bad grade on homework, don’t do the next assignment for him.

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No Child Without

In our ongoing effort to provide safe and caring schools for our students, Elk Island Public Schools

(EIPS) participates in the No Child Without program. All schools serving students up to Grade 8 are enrolled. No Child Without is a joint program of the Canadian MedicAlert Foundation and the Lions Club of Canada. Through this program, registered children receive 24-hour MedicAlert coverage free of charge between their 4th and 14th birthdays. No Child Without waives all initial registration fees and ongoing membership costs during these years. Their vision is to help the estimated 300,000 children with medical conditions across Canada by offering No Child Without to all 12,000 elementary schools across Canada over the next five years.

If your child has a serious medical condition or allergy and would benefit from MedicAlert services, please contact the school to obtain a program information pamphlet. You can then enroll in *No Child Without* by calling 1-877-282-5378 or online at www.nochildwithout.ca. If your child is already registered with MedicAlert and you would like to enroll specifically in the *No Child Without* program, you must sign up by telephone at the number above.

More information about *No Child Without* is available at www.nochildwithout.ca, by contacting the school office at 780-922-2066, or from EIPS' Communication Services Department at 780-417-8266.

Parents Can Instill A Positive Attitude About Math & Science

Take a look at any list of high-paying jobs and you are likely to see they have one thing in common: They require a knowledge of math and science. So why don't more students—especially girls—prepare for these careers? The answer is found as far back as elementary school. That's when students' attitudes toward math and science seem to be set.



Researchers took a look at how parents influence their children's views on math and science. The study found that, in general, parents are more likely to encourage boys rather than girls to take an interest in math and science. As a result, girls tend to lose interest in these subjects by high school—even though they may continue to get good grades.

So what can parents do to make sure their sons and daughters stay interested in math and science? Here are some suggestions:

- Play games that encourage math and science. If you're in the car, see who can add the numbers on the license plate in front of you. If you're at the store, see if your child can calculate the change:
- Help your child see herself as someone who is good in math and science. Teach her that brains, like muscles, get stronger with practice. Remind her that "smart is something you get, not something you are."; and
- Find role models. Look for television shows or news stories featuring a wide diversity of people who are doctors, engineers and scientists.

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Use 'House Rules' To Make Discipline Easy

Children who are expected to follow rules at home are much more likely to follow rules at school. And when students follow the rules, there is more time for learning! Consider creating a set of "house rules." These should be rules and consequences that govern the things that are your biggest concerns. In one family, it might be behavior toward siblings. In another, it might be helping out around the house.

Come up with a catchy phrase that sums up both the rule and the consequence:

- If you hit, you sit. Any physical action toward a sibling will result in a time out;
- If you partake, you take part. Every family member has responsibility for meal time—from setting the table to clearing the dishes; and
- Pick up or pay up. If your child doesn't keep track of belongings, put them in a closet. Once a week, he can redeem them for a small fee.

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Mental Health Review: Questionnaire

Alberta's mental health policy is currently being reviewed by the province. Its goal: to find better ways to help individuals who are struggling with addictions or mental health challenges. As part of that review, a questionnaire has been developed by Alberta Health's Mental Health Review Committee. Albertans are being asked to give their feedback on the current system in place and ways to improve its services. Some of the questionnaire topics include: addiction and mental health services, support services for in-patients, addiction services, geographic challenges, and inclusive services. Feedback from the questionnaire will be analyzed and used to help guide an improved mental health strategy.

To complete the online questionnaire, please visit: www.health.alberta.ca/initiatives/Mental-Health-Review.html. The questionnaire is open until Oct. 23, 2015. The report and recommendations will be presented to the government by the end of the year.



Kindergarten Immunization

Diphtheria, Tetanus, Pertussis and Polio Booster Second dose Measles, Mumps, Rubella and Varicella Vaccine

Immunizations protect your child from serious childhood diseases. Diseases spread more easily when children are together in a group. Ensure your child is protected from vaccine preventable diseases by having his/her immunizations up to date. Kindergarten immunizations are given at the Public Health Centres.

After their 4th birthday most children should have:

- A booster dose of **dTap-IPV** (diphtheria, tetanus, pertussis and polio) vaccine; and
- A second dose of **MMR-Var** (measles, mumps, rubella and varicella) vaccine.

If immunization is needed, call your local Public Health Centre for an appointment.

If you have any questions, please call:

Health Link Alberta at 780-408-LINK (5465) or 1-866-408-LINK (5465).

eRPHF 04-356 (Revised 08 2014)

Grade 5 School Immunization

Hepatitis B, Human Papillomavirus (HPV) & Chickenpox (Varicella) Vaccine

Hepatitis B Vaccine

- All students in Grade 5 are offered hepatitis B immunization.
- The immunization consists of 3 needles given over a six-month period.

Human Papillomavirus Vaccine

- All students in Grade 5 are offered human papillomavirus immunization.
- The immunization consists of 3 needles given over a six-month period, and will be offered at the same time as the hepatitis B immunization.

Varicella (Chickenpox) Vaccine

- All students who have not had chickenpox disease or vaccine are offered varicella vaccine.
- Varicella vaccine consists of one or two needles depending on your child's date of birth, and will be given on the same day as the above immunizations.

Information and Consent:

- Your child will be given an immunization package containing a consent form and information on each of the diseases and vaccines, as appropriate, for the parent/guardian to read. The consent form must be signed and returned as per the instructions on the consent form within one week.
- **Your child will only be immunized with your consent.**

If you have any questions, please call:

Health Link Alberta at:

780-408-LINK (5465) or 1-866-408-LINK (5465).

Notice of Pertussis (Whooping Cough)

On behalf of Alberta Health Services, we would like to inform our families there is a pertussis (whooping cough) outbreak in our region. The rate of pertussis in the area is not high but it is circulating and is contagious when an infected person coughs or sneezes near another individual. The pertussis vaccine, which protects against the illness, is part of the regular childhood immunization series in Alberta. However, while unusual, it is still possible for an individual who has been vaccinated to develop pertussis.

If your child exhibits any of the below symptoms, please have them assessed by your family doctor as soon as possible: persistent cough, spasms of coughing followed by a characteristic "whoop" sound and coughing followed by gagging or vomiting. More information regarding pertussis can be found at www.myhealth.alberta.ca or by phoning Health Link at 811.