

Focus on your child's self-control to improve behavior at school

Everyone wants kids to be well-behaved in school. But today, parents and teachers are often concerned about a lack of self-discipline in students.

When classroom instruction is continually interrupted by students who misbehave, no learning can take place. Students need a quiet, orderly environment in which to learn.

Remember: Positive habits begin at home. To help your child develop self-control:

1. Review the school rules and regulations. Talk to your child about them and be sure to support them.
2. Let your child experience the consequences of her actions. Don't always rush to bail her out.
3. Talk to your child's teachers about how she behaves in school.
4. Talk to your child about the importance of self-discipline at home and at school.
5. Show respect for your child. She will be more likely to respect herself and others.
6. Encourage independence. Allow your child to take part in making the decisions that affect her life.

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