



A reboot can help your child get back on the right track

When you run into a problem on your laptop or smartphone, do you ever power it off and restart it? Rebooting a device can help it correct processing issues and start over.

If your child's school year is not going as well as you'd hoped, it may be time to help him reboot, too! Here are a few ways to help your child get back on track:

- **Make change a family affair.** If you've decided that your child needs to spend more time doing homework, make his study time quiet time for the whole family. You can work on paperwork or read while your child works.
- **Replace bad habits.** Breaking a habit is hard. It's much easier to put a different one in its place. If your child is in the habit of watching TV as soon as he walks in the door, suggest that he read for 30 minutes instead. He'll still have a chance to relax—but he will also strengthen his reading skills.
- **Get organized.** This month, you can find lots of great-looking calendars available on sale. Look for one your child will enjoy using. Then help him get into the habit of writing down things like the day his book report is due and the days he has soccer practice. That can help avoid a last-minute panic.
- **Celebrate successes.** Help your child see the link between his new habits and his results. "You studied for that test and got nine out of 10 correct. That's great!"

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